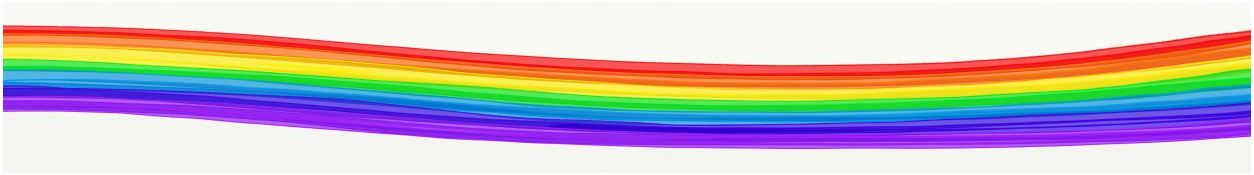
General Federation of Women's Clubs of Connecticut, Inc.

OFFICIAL CALL TO GFWC/CT Fall Conference

Sunday, October 25th, with Pre Conference Events Saturday October 24

Wendy Kainu, *President*

Believe in yourself. Believe in each other. Believe in GFWC CT.



Fairview Farm Golf Course
300 Hill Road, Harwinton, CT 06791

ALL GFWC/CT MEMBERS ARE WELCOME AND ENCOURAGED TO ATTEND THE MEETING!
The Pre-Conference LEADS program and Tour of the American Mural Project in Winsted, CT are also open for all members. It is not mandatory, but additional registration is required.

LEADS (aka Leadership Education and Development Seminar) The **LEADS** program was started by GFWC to help each state identify, develop, and prepare new leaders within the organization. The national program, which continues today, selects one candidate from each state to participate in an intensive, one-day leadership workshop held prior to the GFWC International Convention each year.

Recognizing the importance of providing leadership development opportunities to more members on a more regular basis, GFWC state and regional organizations have also developed their own LEADS programs. These workshops may be offered in conjunction with state conferences and conventions or at other times throughout the year that best meet the needs of their members.

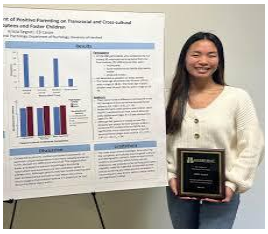
This year, our workshop will take place the day before our **Fall Conference** and will include interactive leadership development, opportunities for networking and relationship building, communication and leadership skills, goal setting, personal leadership development, and practical tools designed to help members grow their confidence and effectiveness as leaders within their clubs and communities.

The American Mural Project, or AMP, Founded in 2001, is a nonprofit organization focused on honoring work by giving dignity to the American worker and initiative to kids. At its center is the creation of the largest indoor collaborative artwork in the world—a three-dimensional mural 120 feet long and five stories high. Nothing like it exists in the world.

Artist Ellen Griesedieck first conceived of the mural in 1999, when she felt inspired by the scale of Boeing's 747 fabrication plant, which she had visited in preparation for her latest in a series of commissioned paintings of working Americans. While creating the study of the mural, she began to see the project as an opportunity to inspire and challenge others, especially children—not only by depicting this work in the mural, but by involving them in the mural's creation.

GFWC participated in a call for submissions and contributed watches from all over the country to be included in the mural.

Guest Speakers: Sunday October 24th,2026

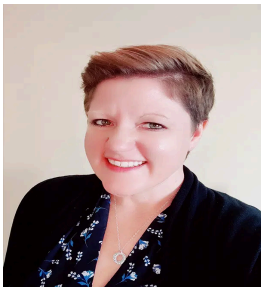


Krista Segreti

Krista Segreti is a doctoral student in Clinical Psychology at the University of Hartford's Graduate Institute of Professional Psychology, where she is pursuing a Psy.D. with a Child and Adolescent Proficiency Track. She holds an M.A. in Clinical Practices in Psychology from the

University of Hartford and a B.S. in Neuroscience, with minors in Biochemistry and a concentration in Nutritional Studies, from the University of Scranton. Her clinical training includes neuropsychological and psychological assessment, individual psychotherapy, and work with children, adolescents, and adults across diverse clinical settings. She currently serves as a Clinical Neuropsychology Extern at the Northwell Nuvance Health Neuroscience Institute.

Her clinical and research interests include cultural competence, child and adolescent mental health, neuropsychology, adoption and foster care, resilience, and family relationships. Her doctoral dissertation examines cultural competence as a component of positive parenting among transracial and cross-cultural adoptees and foster children. She has presented her research at regional psychological conferences and received the Connecticut Psychological Association's 2025 Outstanding Poster Presentation Award. In addition to her clinical and research work, Kristi has teaching experience at the University of Hartford and maintains professional affiliations with the National Academy of Neuropsychology, American Psychological Association, and Connecticut Psychological Association.



Trina Behbahani
GFWC Director of Junior Clubs

Trina Behbahani is honored to serve as GFWC Director of Junior Clubs. As Director, she represents all Juniors on the GFWC Executive Committee, leads and supports State and DC Federation Directors of Junior Clubs and all Junior club members, and is a member of the GFWC Strategic Planning Committee. She has served on the GFWC Board of Directors since 2018. In the previous administration, she served as GFWC Director-elect of Junior Clubs. She was the 2020-2022 GFWC Juniorette Chairman and a member of the GFWC Membership Committee, and served on the 2022-2024 GFWC Bylaws Committee. Trina has been a member of the GFWC Junior Woman's Club of Loudoun since 2007 and loves serving with like-minded women to support communities and individuals in a variety of ways. She is also a member of the GFWC Girls on Fire and GFWC Virtual Volunteers, cyber clubs based in GFWC Florida and GFWC Tennessee, respectively. Trina is a 2014 GFWC LEADS graduate and a former GFWC Virginia LEADS coordinator. Trina served on the GFWC Virginia Executive and

Junior Executive Boards for eight years, serving as GFWC Virginia 2nd Vice, Membership Chair, 3rd Vice President, and Director of Junior Clubs. Trina grew up in Barboursville, Virginia, and attended James Madison University in Harrisonburg, Virginia. She has been employed by the American College of Radiology for over 20 years and is Vice President of Governance and Member Services for the association. She is a Certified Association Executive and a member of the American Society of Association Executives since 2003. Trina is a civil celebrant for the Commonwealth of Virginia, ordained by the Universal Life Church and honored to have joined over 15 couples in marriage. Trina and her husband Mark reside in Northern Virginia and are often found together on the golf course. Trina loves to travel, read, and say "YES!" to new adventures and experiences as often as possible.

Saturday, October 24

10:00 am	LEADS at Plume House Inn 67 Union St Thomaston, CT
12:00 pm	Light lunch offered by Plume House Inn, additional charge
3:00 pm	Group Tour of American Mural Project: 90 Whiting St, Winsted, CT

Sunday, October 25 - Fair View Farm Golf Course Harwinton, CT

10:00 am	Registration and social time
11:00 am	Call to Order
	Inspiration
	Pledge of Allegiance
	Collect for Club Women
	Introductions
	Officers Reports

	President's Report
12:00 pm	Speaker: Krista Segreti University of Hartford Doctorate Student, *Psychologists, Psychiatrists, and Therapists - Oh My! What's the Difference and How Do I Pick the Right One for Me?*
12:30 pm	Brunch/social time
1:30 pm	Keynote Speaker: GFWC Director of Junior Clubs, Trina Behbehani
2:00 pm	Service Project
2:30 pm	Other Business/Announcements
3:00 pm	Adjournment

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GENERAL FEDERATION OF WOMEN'S CLUBS
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GFWC/CT Reservation Form CT LEADS &
Fall Conference October 24-25, 2026

LEADS/Lunch/AMP Tour

Plume House Inn 67 Union St Thomaston, CT
American Mural Project 90 Whiting St Winsted, CT

Fall Conference

Fairview Farm Golf Course
300 Hill Road, Harwinton, CT 06791

REGISTRATION DEADLINE: October14th, 2026

Registration: $15.00 Both Days ▢ $10.00 Conference Only ▢
Oct 24: LEADS program, No charge, Lunch at Plume House Inn $30 ▢
AMP Tour $10 each ▢
Oct 25: Fall Conference Brunch Buffet and Space Usage: $45.00 ▢

Sub Total: $_____ x _____ Members

Total Amount Included $_____

Contact Name_____ Phone _____

Club_____

District: (circle one) NC NW SE SW

Any Dietary Restrictions: _____

GFWC/CT Board of Directors Position: _____

Are you a 2026-2028 Club President? Yes____ No_____

Additional Members + Dietary Restrictions in this registration:

_____

Mail to: Sara Newell, 299A South Trail, Stratford, CT 06614

Make All Checks Payable To: GFWC/CT

Display Table Reservation Form – Sunday, October 25, 2026 Board Meeting
Tables are limited, Chairman will have priority.

Make All Checks Payable To: GFWC/CT

Half Table $5.00 ▢ **Full Table $10.00** ▢

Name_____

Club/Chairman_____

Contact Info_____

Mail to: Sara Newell, 299A South Trail, Stratford, CT 06614

There is no table charge to CSP Chairman or Committee Chairman, but pre-registration is still required.